

LYN-GENET'S KITCHEN

COMFORT FOOD FOR EVERY BODY

Appetizers

WARM KALE SALAD

with goat cheese, cranberries & toasted pumpkin seeds - Vegetarian
14

AVOCADO FRIES

panko crusted fried avocado slices
with sweet & sour dipping sauce - Vegetarian
11

HUMMUS STUFFED AVO

with carrot-beet salad & sesame-free sunflower tahini - vegan
12

SOURDOUGH BRUSCHETTA

mixed mushrooms, manchego & truffle oil
14

SEASONAL GREENS

with goat cheese fritters & lime agave vinaigrette - Vegetarian
12

POTATO BACON CHEDDAR CROQUETTES

served with seasonal greens
10

LENTIL & MUSHROOM PATE

with truffle oil, served with sourdough bread
Vegan
12

ZUCCHINI LASAGNA

low reactive tomato sauce and manchego
14

STICKY CHICKEN FINGERS & FRIES

14



Entrees

BURGER & FRIES

Cheddar cheese, bacon or guacamole +\$2
16

LAMB BURGER

with potato gratin or french fries
Cheddar cheese, bacon or guacamole +\$2
18

STEAK WITH POTATO LEEK GRATIN

avocado tarragon sauce
27

CHICKEN AND BROCCOLI STIR FRY

with rice or zucchini noodles - soy free
18

BRAYDEN'S CHICKEN

bacon wrapped chicken thighs served with potato gratin
20

VEGAN THAI RICE CURRY

with grilled vegetables and peanuts
17

TANDOORI VEGGIE BURGER

with sauteed vegetables
Vegan
17

PROVENCAL SEARED BRANZINO

with sauteed vegetables & cheese fennel sauce
25

CHICKEN PARMESAN

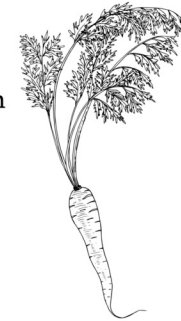
with low reactive tomato sauce, manchego & parmesan
23

STEAK FAJITAS

with homemade flour tortillas, pico de gallo, guacamole
21

VEGAN MUSHROOM "GYRO"

with choice of salad or fries
16



Sides

Sauteed veg- V- \$8

Fries- V- \$6

Butternut Fries - V - \$9

Grilled vegetables- V- \$8

Curried lentils-V- \$6

Cajun French fries - \$8

Toasted sourdough - \$3

Potato Gratin - \$8

Roasted Butternut- V - \$7

Zucchini noodles - V - \$8

Dessert

APPLE STREUSEL

wheat free, grain free
8

SO RICH YOU COULD DIE CHOCOLATE PIE

wheat free, grain free
10

COCONUT ICE CREAM WITH CARDAMOM

8
with Coffee Liqueur 10

LEMON BLUEBERRY MUFFINS

wheat-free grain-free
8